

# 2 Systems / 4 Medicare Choices

## Choices #1 - #3 are directly with the Federal Gov't Medicare Program

- 1. **Original Medicare** (No Rx, eyes, dental or hearing coverage, no annual maximum cost limit) 80%/20% split, we are responsible for 20% of all charges.
  - a. Part A covers hospitals Premium is usually \$0.00, already paid thru payroll taxes, \$1484 annual deductible
  - b. Part B covers doctors Premium is \$164.90/mo. if income is less than \$90,000/yr., \$203 annual deductible

Total cost - \$164.90/mo.

- 2. Original Medicare PLUS A Standalone Prescription Drug Plan (#c below)
  - a. Part A usually, \$0.00
  - b. Part B doctors \$164.90/mo.
  - c. **Plus,** Part D, Prescriptions Premiums range from \$7.00 \$100/mo., most come with approx. \$465 deductible.

Total (1. +2.) approximate cost  $\sim$  \$185/mo.

3. Original Medicare with a Prescription Drug Plan PLUS A

**Supplement** (#d below). Supplements or Medigap Plans pay all or part of your 20% of Medicare responsibility

- a. Part A, usually \$0.00
- b. Part B, usually, \$164.90/mo.
- c. Part D, \$16-\$100/mo.
- d. *Plus*, Supplement, Plan G \$190-\$250/mo.
  - Plan G pays ALL of your 20% responsibility, except Medicare B annual \$226.00 deductible. You have no other out of pocket expenses.

Total (1. +2. +3.) approximate cost - \$370 ~ \$390/mo.

# Choice #4 is Medicare thru a Private Insurance Company

- **4. Medicare Advantage Plan, Part C**. Medicare allows private insurance companies to administer Medicare for them. These are called Medicare Advantage Plans. They combine hospitals, doctors and, often, prescription drugs into 1 plan administered by a private insurance company. All your dealings are with that insurance company, not Medicare.
  - a. Part A usually, \$0.00
  - b. Part B \$164.90/mo.
  - c. Part C \$0.00/mo. approx. \$100/mo.
    - i. They often come with additional benefits:
      - 1. MOOP
      - 2. Wellness
      - 3. Free gym memberships
      - 4. Free physicals
      - 5. Free eye exams
      - 6. Credit for eye glass hardware
      - 7. Free over the counter meds such as toothpaste, vitamins and Tylenol
      - 8. Free transportation to MD's
      - 9. Often, no Rx deductibles

Total approximate cost - \$164.90 ~ \$200/mo.

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## Medicare's Good News

### Inflation reduction Act

- Medicare negotiating prices with Drug firms for 20 products starting
   2025
- 2025 ANNUAL CAP on our drug costs of \$2000/yr., no matter how expensive your meds are currently

#### Medicare Part B

- Premiums will decrease to \$164.90 from \$170.10, largely driven by lower-than-expected spending on the new Alzheimer's drug Aduhelm.
- o B deductibles will decrease to \$226 from \$233
- Overall, Medicare Advantage (Part C) premiums will decrease for 2023,
   CMS said Sept. 29, continuing a trend in slight cost reductions for next year across Medicare services.
  - o The average monthly Medicare Advantage premium is projected to be \$18 for 2023, down from \$19.52 in 2022, according to a news release.
  - Medicare Advantage plans continue to improve benefits. Some plans pay part of your Medicare B monthly premium (\$170.10) and, even, pay things like utilities, exterminators and food.
  - Nationally, JD Power surveyed and ranked Medicare Advantage carriers: Kaiser Permanente #1 and Humana #2
- Average Prescription Drug (Part D) premiums are also projected to be slightly lower next year. CMS announced projected Part D premiums in July, with the average premium for 2023 expected to be \$31.50, down from \$32.08 in 2022.
  - o **Insulin finally capped** \$35 or less for a one-month supply of each insulin product covered by their plan, no matter what cost-sharing tier it's on, even if their plan has a deductible that hasn't been met.

- While some members already benefit from plans that offer \$35
  insulin, this legislation ensures that all seniors who use insulin benefit
  from this out-of-pocket cost limit.
- In Florida, some 2023 MAPD plans will offer select insulins for a \$0 co-pay at preferred pharmacies and a \$20 copay at standard pharmacies
- o Silverscript PDP's, available in all 50 states, offers covered insulin for a \$10 copay at preferred pharmacies and a \$20 copay at standard pharmacies.
- 2023 plans will cover most **Part D vaccines** including Shingles for a **\$0** cost share, even if a plan has a deductible that hasn't been met.
- **Discount Drugs**, potential ways to reduce prescription costs
  - GoodRx I am saving 50% on 1 of my prescriptions by NOT using my drug insurance. GoodRx requires has no premiums and no membership fees.
  - CostPlus Drugs, Mark Cuban cuts out the middleman. Buys generics and sells them with limited mark up